



English

## SMART SPORT WATCH

Please carefully read the manual before using the product

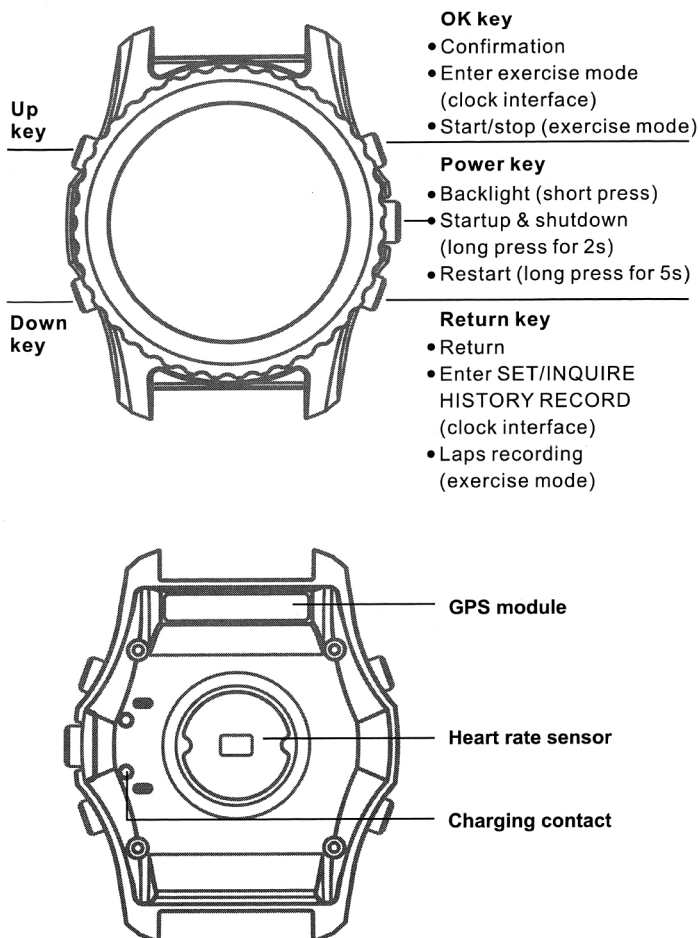


Special instructions: support within 5 meters of water depth and normal water temperature, do not support hot bath, sauna and so on, and strictly not allowed to operate buttons in the water, excessive use will not be within the scope of warranty.

### Packing list

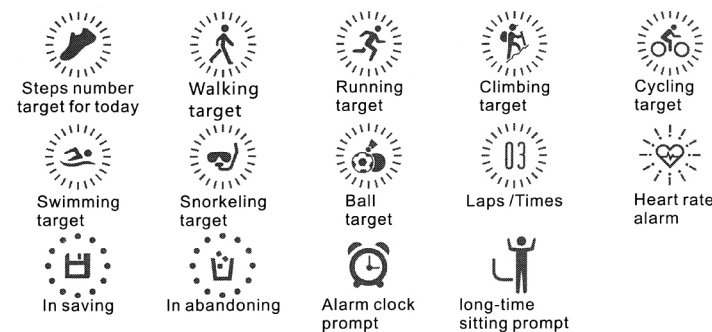
Watch      Charge wire      Manual

### Understand your watch



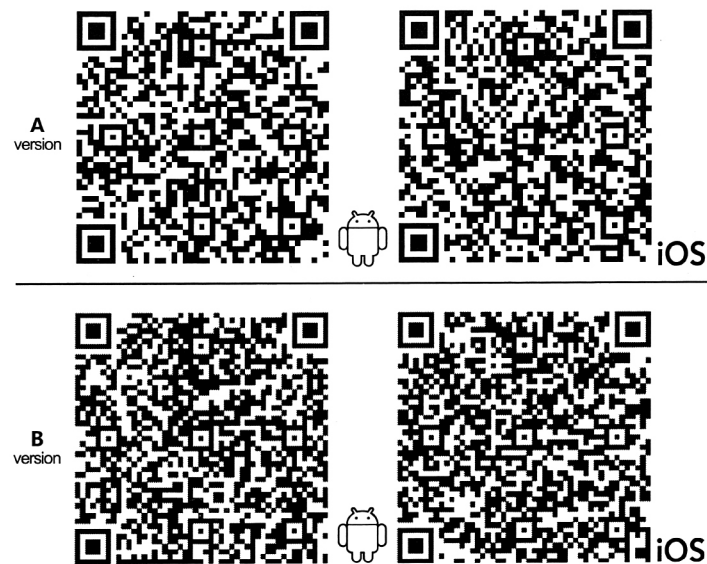
### Other prompt icons

Prompt you by vibration; press "Return" key to eliminate the icon.



### Install APK/APP

Scan QR code by a mobile phone, download and install Android system APK or IOS system APP, and configure relevant settings as guided. **APP can choose different styles of A or B version.** Warm prompt: the watch can be separately used; without the need for message prompt function or sport data uploading to the mobile phone, you may not install APP/APK.



All rights are reserved. The manual is only for your reference rather than any commitment.

Bluetooth connection to mobile phone

Click “CONNECT DEVICE” through mobile phone APP/APK, search and connect “SPORT” for “SYNCHRONOUS DATA” after successful connection.(Apple phone to jump out of the "pairing" dialog box, click pairing, Android mobile phone does not have this "pairing" step)

Notification reminder

Prompt you by vibration; press “Return” key to eliminate the icon.



View motion data

After synchronizing data, APK/APP displays related motion data

Note: when the relevant settings on APK/APP are inconsistent with the watch, the Bluetooth synchronization is based on the relevant settings on the APK/APP.

Common problems

The key sound is too noisy; whether it can be muted?

Yes, you may turn off the sound in the menu setting.

There are too many message notices; whether they can be ignored?

Yes, you may inactivate “SOCIAL PROMPT” in mobile phone APP.

Why there is mist in the watch? How to solve the problem?

When the temperature difference is large, the air inside the watch will condense into fog. The solution is to blow the watch surface with a blow dryer at a far distance. Please pay attention to the temperature of the blower drum can not be adjusted too high, so as to avoid damaging the watch.

Is it a waterproof watch?

Watches with IP68 professional waterproof level, swimming and snorkeling at room temperature can be, but not support hot water and sauna, because the excessive use of water caused by the watch will not be within the scope of warranty.

Why the distance data are less than the data measured by other devices?

The satellite has drifting phenomenon; certain distance may be increased even under immobile condition; most watches or devices in present market have such phenomenon. Our watches have solved such technical problem, and the distance data will not be increased due to satellite drifting under immobile condition.

Mobile phone connection failure

- 1. Whether the mobile phone connection is available?
- 2. Whether the mobile phone is installed with APP/APK?
- 3. Whether the mobile phone is connected with other products?
- 4. Whether the watch is connected with any other mobile phone?

Satellite connection failure

- 1. Search satellite under static state;
- 2. Please confirm outdoor open surrounding environment;
- 3. Please stay outdoors;
- 4. Please confirm that the watch has sufficient charge;

Note: please use the watch outdoors, because dense high buildings, thick woods or severe weather in the surrounding may influence satellite signal.

How long the satellite can be connected?

For initial use, please select the satellite not connected for 2h; the satellite search time is about 2min; Connect the satellite in a hot connection manner (keep local disconnection within 30min); the satellite search time is about 20s.

Short battery endurance

- 1. The battery may not be fully charged, please fully charge the battery;
- 2. During charging, the USB charge wire may not be completely inserted into the charger interface, thus causing charging failure; please confirm whether the watch battery symbol is under charging state;
- 3. Please confirm whether GPS runs for a long time.

Wrong heart rate value

- 1. Please confirm whether the watch strap is properly tightened for wearing;
- 2. Please confirm whether the heart rate lens of the watch is closely contacted with skin surface;
- 3. Due to the low air temperature, the skin temperature of the wrist is too low to influence heart rate monitoring.

The heart rate setting is available, but why the heart rate lamp fails to go on?

The heart rate setting switch is used to control the daily monitoring of heart rate in the homepage (monitor every 10min), namely: the heart rate lamp goes on every 10min. Under sport mode, the heart rate monitoring is started as default, and this is irrelevant to the heart rate setting.

The heart rate alarm is turned on, but why there is no alarm?

The heart rate alarm function is only available under sport mode.

Can I operate the button in the water?

Not allow, Operating in the water button will have the risk of water.

Wrong height value

The height change mainly depends on pressure change related to climatic environment, and the climatic environment change may influence pressure change, so please implement height calibration before use. Relative height change can be accurately measured only in the same climatic environment in a short time.

Wrong environment temperature value

Running GPS or charging process may influence the environment temperature monitoring.

Whether it is available for calculating football or basketball playing by the ball mode?

Support, you can calculate all kinds of ball games calories and heart rate data.

Configuration parameters

Display screen:	Display screen 1.32", 160*160
Satellite :	GPS
Heart rate:	Heart rate diagram, real-time heart rate in sport, heart rate prompt
Sensor :	Air thermometer, barometer, height gauge
Gravity accelerometer /gyroscope:	3-axis, 3D acceleration, step count analysis, long-time sitting analysis and sleep monitoring
Battery:	500mAh
Waterproof:	IP 68 Professional waterproof
Support system:	Android 4.8+ , IOS 8+
Interface:	Charging
Weight:	78g
Size:	50/50/16mm
Input:	3.7V 1.0A MAX
Executive standard:	LX10328-2018

WARRANTY CARD

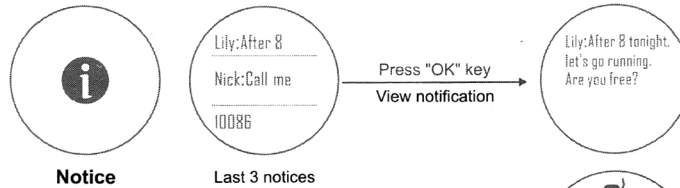
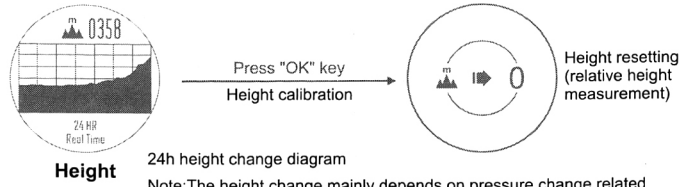
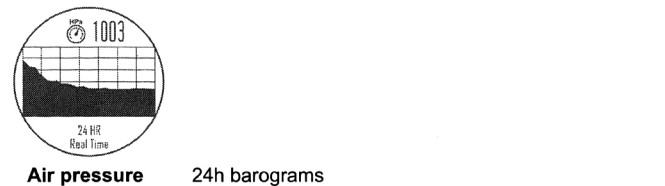
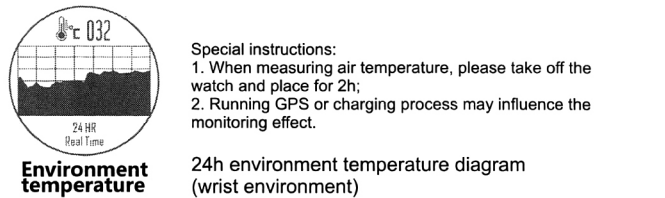
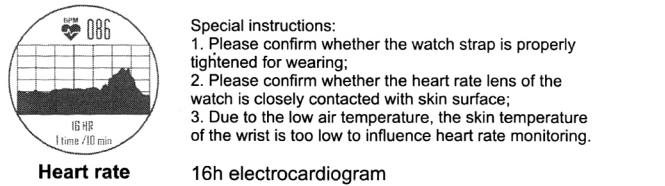
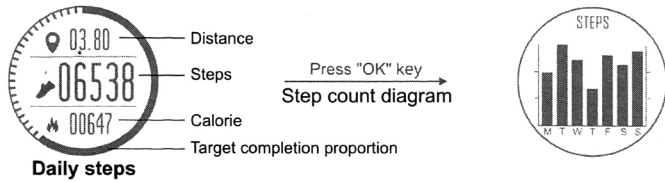
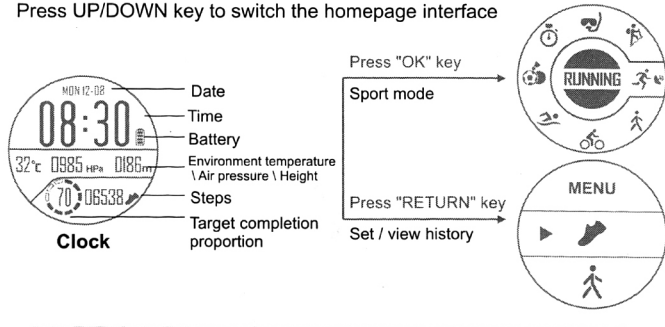
User information	
Name :	Tel :
Address :	
Purchasing date:	Invoice number:
Marketing unit information:	
Name :	
Address :	

Warranty service

- I. In case the product has any unartificial performance fault during normal use, the consumer should entitle the free warranty service for 12 months since the purchasing date.
- II. In case of any one of the following conditions, the consumer should not entitle the warranty rights, and the maintenance should be reasonably charged.
  - 1. Man-made damage;
  - 2. Expiry of warranty period;
  - 3. Fail to follow the manual for use, maintenance and repair, and accordingly cause product damage;
  - 4. Disassemble, repair products, soak hot water and break the product
  - 5. Other damages caused by force majeure;

## Homepage

Press UP/DOWN key to switch the homepage interface

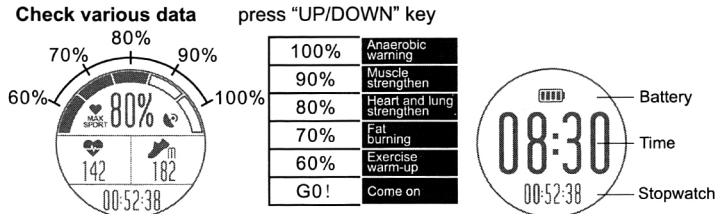


## Exercise mode

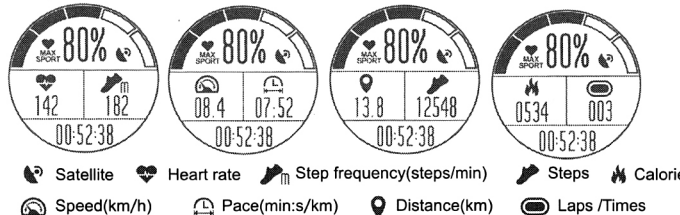
In clock interface, press "OK" key to enter the option interface for exercise mode

### Running mode (start GPS) for outdoor open environment

**Start** start exercise mode -> select running mode -> wait for satellite connection (flickering satellite icon means connection failure) -> press "OK" key



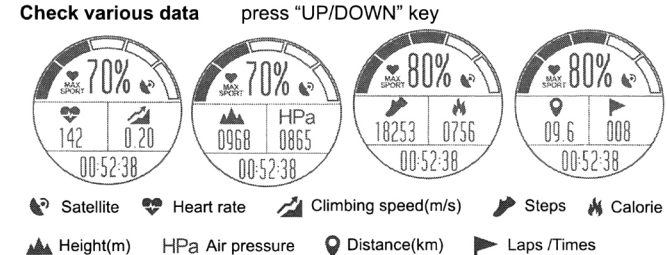
Heart rate analysis, real-time understanding of what the state of motion, the proportion of reference to the maximum exercise heart rate.



**Stop** press "OK" key to suspend -> press "RETURN" key -> select CONTINUE/SAVE DATA/ABANDON DATA

### Climbing mode (start GPS) for outdoor open environment

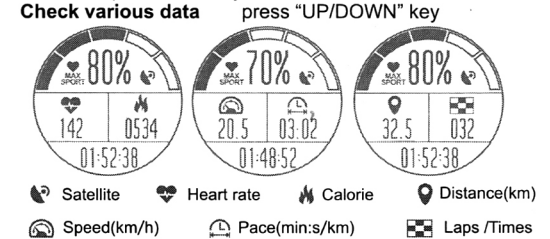
**Start** start exercise mode -> select climbing mode -> wait for satellite connection (flickering satellite icon means connection failure) -> press "OK" key



**Stop** press "OK" key to suspend -> press "RETURN" key -> select CONTINUE/SAVE DATA/ABANDON DATA

### Cycling mode (start GPS) for outdoor open environment

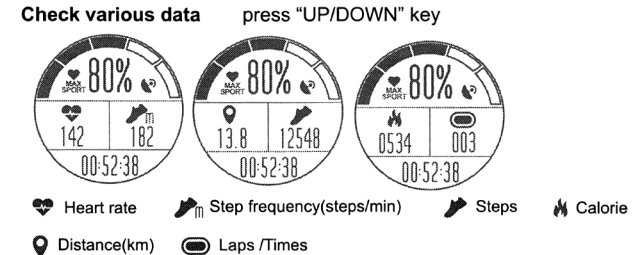
**Start** start exercise mode -> select cycling mode -> wait for satellite connection (flickering satellite icon means connection failure) -> press "OK" key



**Stop** press "OK" key to suspend -> press "RETURN" key -> select CONTINUE/SAVE DATA/ABANDON DATA

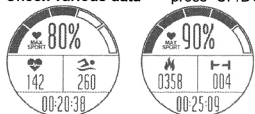
### Walking (not start GPS)

**Start** start exercise mode -> select walking mode -> press "OK" key



**Stop** press "OK" key to suspend -> press "RETURN" key -> select CONTINUE/SAVE DATA/ABANDON DATA

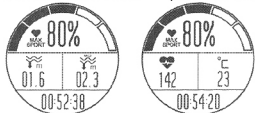
**Swimming (not start GPS)**  
(strictly not allowed to operate buttons in the water)  
**Start** start exercise mode -> select swimming mode -> press "OK" key  
**Check various data** press "UP/DOWN" key



Heart rate Arms Calorie Laps /Times

**Stop** press "OK" key to suspend -> press "RETURN" key ->select CONTINUE/SAVE DATA/ABANDON DATA

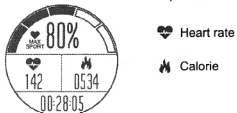
**Snorkeling (not start GPS)**  
(strictly not allowed to operate buttons in the water)  
**Start** start exercise mode -> select snorkeling mode -> press "OK" key  
**Check various data** press "UP/DOWN" key



Current depth Max depth Temperature Heart rate

**Stop** press "OK" key to suspend -> press "RETURN" key ->select CONTINUE/SAVE DATA/ABANDON DATA

**Ball (not start GPS)**  
**Start** start exercise mode -> select ball mode -> press "OK" key  
**Check various data** press "UP/DOWN" key



**Stop** press "OK" key to suspend -> press "RETURN" key ->select CONTINUE/SAVE DATA/ABANDON DATA

**Stopwatch (not start GPS)**  
**Start** start exercise mode -> select stopwatch mode -> press "OK" key



Recording time Press "RETURN" key  
Stop/Continue Press "OK" key  
View data Press "UP/DOWN" key  
Close Press "RETURN" key

## Exercise data processing



## Set/inquire history record

In the clock interface, press "OK" key to enter "SET/INQUIRE HISTORY RECORD" interface

### Daily steps

History records (recent 10 days) Steps target setting

### Walking

History records (recent 10 times) Steps target setting



### Running

History records (recent 10 times) Set target(km)

### Climbing

History records (recent 10 times) Steps target setting

### Cycling

History records (recent 10 times) Set target (km)

### Swimming

History records (recent 10 times) Arms target setting

### Snorkeling

History records (recent 10 times) Set target (cm)

### Ball

History records (recent 10 times)

## Lap record

Runway length (200m, 300m, 400m etc.)

Lap record AUTO Automatic recording Manual recording

## Long-time sitting prompt

Prompt setting On/Off time(min) 060  
Time duration setting starting time (hour) 09 end time (hour) 18  
Such as: 9 AM. - 18 PM.

## Sleep monitoring

Monitor the sleep data from 9:00PM to 9:00AM of the next day, and generate the sleep data after 9:00AM of the next day.

History records (last 7 days) Light sleep(min) 286 Deep sleep(min) 193 Date 2017-11-20

## Heart rate

(special instruction: please ensure that the heart rate sensor is closely contacted with the skin)

Heart rate On/Off

Heart rate alarm (special instruction: alarm will be sent out when the heart rate under sport mode exceeds the preset value for 3-5s)

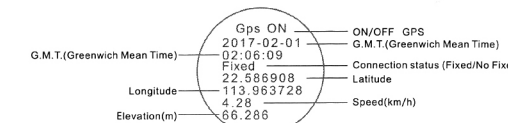
On/Off On/Off Maximum heart rate 120 Minimum heart rate 60

## System

enter "SYSTEM" interface

## Satellite

For entering the satellite interface, please press "OK" key to turn on/off satellite; the location information will be displayed after satellite connection.  
Note: please use the watch in outdoor environment; the dense high buildings in the surrounding will influence satellite positioning.



## Sound

## Alarm clock

Alarm clock switch HR Hour MIN Minute

## Date

Y Year M Month D Day

## Time

HR Hour MIN Minute

## Display contrast ratio

## User information set

Sex Age Height Weight

## Restore factory settings

## Product information