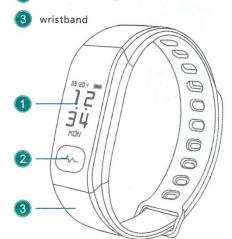
### **Bracelet Structure Indicator Diagram**

- OLED display screen
- touch control/Ecg button



### First use instructions

Thanks for your purchase our company's smart health bracelet, please read the instructions carefully in the first use of this equipment, the use of the method in accordance with the operating instructions, to avoid improper operation of measurement accuracy and good experience!

### **Charging method**

When you receive this product, first boot to check whether the power has electricity, and charge the product, charging method is as follows:



Firstly, removing the wristband from the body, to mark ① as the origin, and the left hand to seize the body, rotation in 45 degree direction, and you can take the strap off.

After take the strap off, Charge the USB interface of the bracelet host to the USB power adapter (such as a computer host, a mobile power, or a standard power adapter). The input voltage is 5V1A or 5V2A.

When charging. Please make sure the metal sheet face to the USB metal sheet.

### Strap Installation



The head of the wristband is aligned with the main plug of the bracelet, and then the head of the wristband is tilted downward 5 degrees.



Push the strap forcedly into the plug.



Until the groove in the head of the wristband is clamped into the groove of the head of the wristband, and the wristband install is complete.(the wristband head concave picture)

#### **ECG** Measurement

### Correct Methods

As shown below, after wearing the smart bracelet, longly press the touch botton, and loosen your finger till the accomplishment of the test (30s-60s)Attention: During the test, please try not to move or talk as much as possible. The testing time is from 30s to 60s. If the ECG waveform gets into disorder or drifting, it may result in the unprecise heart rate and wrong blood pressure. Then please test again. If your wrist is too skinny or dry, please moisten your wrist for ensuring the good contact between the ECG electrode and the skin so as to get precise results.

Longly press the touch bottom









After testing and getting the results, loosen your finger.

## Wearfit app connection

When the bracelet recharge is finished ,then it will turn on after long press button.

Then download the APP wearfit2.0 on your phone.

#### Android download mode:

Please search Wearfit2.0 directly in Application or other apps store, or scan the QR code below to download Wearfit 2.0

#### IPhone download mode:

Please search the Apple APP Store for "Wearfit2.0", and click Wearfit 2.0 for download, or scan the QR code below for download.

#### Binding:

Firstly, please keep bluetooth open in mobile phone, and open the "Wearfit2.0". Secondly, clicking on the link bracelet for binding, and choose the device appeared in the list of bluetooth when first use. Finally clicking on the connecting to bind and it enter the main interface after the successful binding.



Wearfit 2.0



IOS / Android

## Binding the smart bracelet

After downloading the Wearfit, turn on the Bluetooth, and execute Wearfit 2.0



1 Click "bind the smart bracelet" on the main page.



After the App have searched the smart bracelet, click the model number, then finish the binding.



3 Binding finished

## **Function listing**

1.Time mode: Display time, power, and date. The bluetooth connection state on the page of time mode. Long press button to on/off interface.



unconnected



MOM E5/20





2: ECG Monitor Mode: Long press button in the ECG interface. It will start monitor the ECG.



3. Sport Step: Auto record everyday step.



4. Calories, Distance, Step Mode: Record step distance, distance and consumed calories.



5 . Heart Rate , Blood Oxygen Monitor : Manual measure in the APP. Please switch smart bracelet to the heart rate and blood oxygen mode. Then press timely measure/real-time measure button. It will start to monitor . If can' t measure. Please continue to switch. The bracelet will display the lately data of heart rate and blood oxygen.



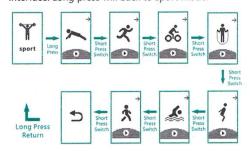
6. Blood Oxygen Monitor: Please switch bracelet to the blood pressure interface. The smart bracelet will auto monitor the wearer's blood pressure condition.



7. Sleep Monitor: Auto record everyday sleep time and quality.



8 . Sport Mode: Please switch bracelet to the sport mode interface, then long press sport mode will enter the sport's sub interface. There are five sport mode for your choice(Push Up--->Run--->Ride-->Rope skipping---> Leapfrog---> Swimming ) Then is Return interface. Long press will back to sport mode.



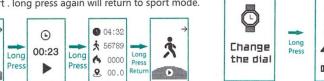
After switch to the sport mode . Long press button will enter the "Timing" interface. After finish this sport. Long press the button will enter summary of this sport . long press again will return to sport mode.



9.Message reminder mode: Open the SMS alert switch in the app , When the phone has a new message, the smart band would have vibration reminder, long press to view the message details.



10. Dial selection: selection interface long press in the dial, You can enter into the dial interface selection mode, You can select the electronic digital display interface or pointer display interface.

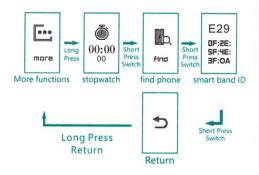


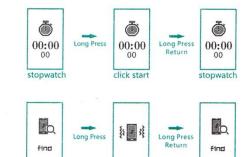
find phone



11. More functions: Switch the smart band to more functions interface, Long press to enter into more function options. Function order: stopwatch - find phone - bracelet ID - return.







click start

# knowledge of blood pressure

find phone

Heart contraction of blood to the arteries when the highest Heart contraction of blood to the arteries when the highest blood pressure is called high pressure. The lowest blood pressure at the time of expansion of the heart for the next blood is called low pressure, Low pressure is called systolic blood pressure, diastolic blood pressure. Most people's blood pressure in the 80 (low pressure) -120 (high pressure) around the normal range, Blood pressure values have age and gender differences. In general, the blood pressure of ederly is higher than the young people, male 's blood pressure is higher than women's blood pressure. Blood pressure has been changing, after exercise, after eating, personal factors, the mood will affect the blood pressure. As the same of heart rate is constantly changing, so to strengthen the exercise and maintain a good mood would be good help for body.

## **Data Parameter**

Screen Type: OLED Screen Screen Size: 0.73 Inch

Battery Type: Polymer Lion Battery

Battery Capacity: 105 mAh

Bracelet Size: 56.2mm \*20.6mm\*14.8mm

Strap Length: 245mm Waterproof: IP67

Material: TPU, Frame: PC Bluetooth: Bluetooth 4.0

Working Temperature: -10°C-50 °C

Packing List: 1 x Smart Bracelet 1 x User Manual

## WARNING

Measuring result just for reference.it not for any medical purpose Please follow the guidance of a doctor, according to measurement results of self diagnosis and treatment is very dangerous with the blood circulation disorder, blood diseases were treated with this products.

\* the company reserves without any notice, this manual content changesPower, without prior notice.Part is there a difference in the corresponding software version, as normal.