

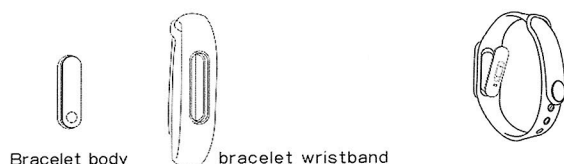
# Smart Bluetooth Wristband M2 User Manual

Thanks for your purchasing and using our smart wristband, you can read the manual to fully know the function of the wristband and simple method of operation.

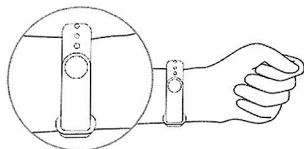
Smart Bluetooth wristband adopts Bluetooth 4.0 with low-power technology, and wrist strap conforms to ergonomic design, fully accords with ergonomic wearing habit, is more comfortable. Smart Bluetooth wristband has the following features: pedometer, calorie consumption, pedometer time, mileage, sleep monitoring (sleep quality, sleep time), smart alarm, remote –controlled camera call reminder, anti lost and so on.

When you use wristband at the first time, please confirm its battery power, if it is low power, please adopt the charging cable which is a special contact for charging, 5V voltage input, USB2.0 interface, external connected laptop, PC computer, mobile phone charger and other charging equipment.

## 1 Assemble and bring the bracelet



Ⓔ Remove the body and wristband bracelet Ⓕ The main body from the inside into the wristband bracelet wristband



Ⓖ The strap worn on the wrist

## Wristband Settings

After the device is bound, can set your personal information, pedometer target, sleep time, alarm settings and so on. And click the sync button on the home page, you can synchronize the APP data into wristband. After the synchronization is finished, the date and time on the wristband will be in accord with mobile phone.

### Pedometer, Calorie Consumption, Sleep Monitoring

The default bracelet at 7 in the morning to 10 at night during the day, the bracelet automatically records the number of steps walked, calories, the bracelet can directly view; 10 p.m. to 7 a.m., sleep monitoring bracelet, this bracelet only monitor the user's sleep and don't record moving steps.

Users can according to their own habits and customs to define sleep time

### Synchronous Data

Wristband connects the APP on mobile phone through Bluetooth, after sync data is finished, the pedometer data on the wristband will synchronize to APP, we can view the historical pedometer data on APP, calorie consumption and mileage.

## Applicable Models

IOS 7.0 and above models, iphone 4S, iphone 5 / 5C / 5S / 6 / 6plus; Android 4.3 and above (Bluetooth 4.0) models, Samsung /HUAWEI/OPPO/VIVO/XIAOMI and so on.

### Wristband Power on/Power off

Wristband Power on: Long press the switch key 3S, the wristband will vibrate and power on, and then the powered-on animation Hello!, finally the main screen displays time, battery power and date.

Wristband Power off: Long press the switch key 3S, and wristband screen displays GOODBYE and then powers off.

### Device binding

Bluetooth pairing: open the Bluetooth mobile phone, open the app interface and settings – > device binding, using buttons light up the screen bracelet, APP search to Bluetooth bracelet, the device name "wristband", click on the name, a pop-up window "bound success", bracelet and mobile phone binding is successful, at the same time the Bluetooth logo will appear on the wristband screen, said the bracelet has been connected to the bluetooth.

## Wristband APP Download and Install

Before you use smart Bluetooth wristband, please first download and install the APP of wristband on your smartphone. Download method: 1, by scanning the two-dimensional code to download and install; 2, If you use Apple devices, please search "runningheart" in your APP store and then download and install it; If you use Android devices, please search "runningheart" on GooglePlay and then download and install it.



IOS



Android

### Remote camera

After binding equipment, enter the path for APP-> settings – > remote camera, switch on the mobile phone camera, users can click the bracelet button to take pictures.

### Intelligent reminder

After binding equipment, enter the path for APP-> settings – > smart reminder, a total of four options, respectively for calls to remind, SMS alerts (iPhone without the), sedentary reminders and anti lost reminder. Users can choose to open one or a few reminders, save the settings and synchronize the bracelet, hand on the corresponding functions on the bracelet open.

### Attention

- 1) keep products clean
- 2) keep the product dry
- 3) wear a long time, please let an hour off the wrist, wrist rest
- 4) do not try to replace the battery, or open the shell, or open the product.