



## Product Profile



**High - sensitivity 3D acceleration sensor**  
Capture minor movement, more accurate step count



**Rechargeable polymer battery**  
Exchange data or charge the device via USB port



**Exercise data memory**  
It can be connected with computer to view the exercise data



**Time / Date / Alarm**  
The time synchronous to computer, muting ringing reminder



**USB port is integrated in watch band**  
Plug and play



**Trace calorie, moving steps and distance**  
Allows for identifying the extent to which the exercise goal has been accomplished



**Real-time temperature display**  
Easy to know the temperature of the place wherever you are at any time

## Basic Operations



**Time / Date / Temperature:** Touch the key, current time/date and temperature will appear in the screen.

[Tips] The sequence of display: Time/Date/Temperature. range of ambient temperature display: -10°C~50°C, 14°F~122°F(Fahrenheit degree).



**Press pedometer:** Press and hold the key for 3 seconds, the system will enter step count mode.

[Tips]

- Touch the key while in step count mode, you can shift the working mode between step count and timer.
- Press and hold the key for 3 seconds while in step count or timer mode, the system will exit current working mode.



**Time setting:** Touch the key, the system will enter current time display mode. While in the time display screen, press the key and hold it for 3 seconds, the system will enter time setup screen.

[Tips]

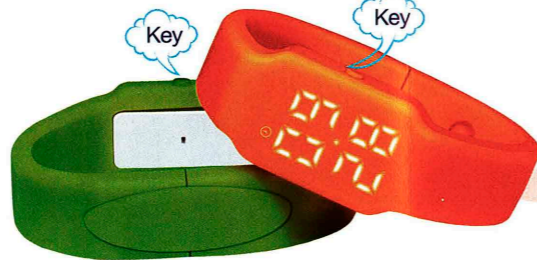
- After entering time setting mode, touch the key to increase the number, press the key and hold it for 3 seconds to change adjustment options.
- The adjustment sequence: Hour > Minute > Month > Day > Year.
- The time can also be set synchronously with PC. (for details please refer to the instructions "Time setting with PC" On the right)
- For details of alarm setting please refer to the instructions "Time setting with PC" On the right.



**Display remaining power volume:** When the device is at low power volume, the system will display the remaining power volume, reminding owner of charging the device.

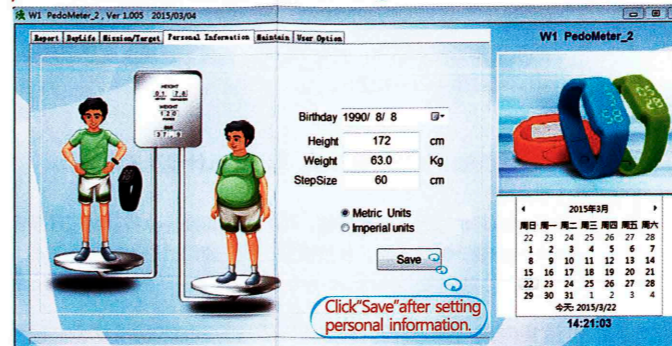
[Tips]

- When power volume is less than 10%, touch the key, the system will automatically display remaining volume after time is displayed.
- Power volume will be displayed when the device is connected to PC.

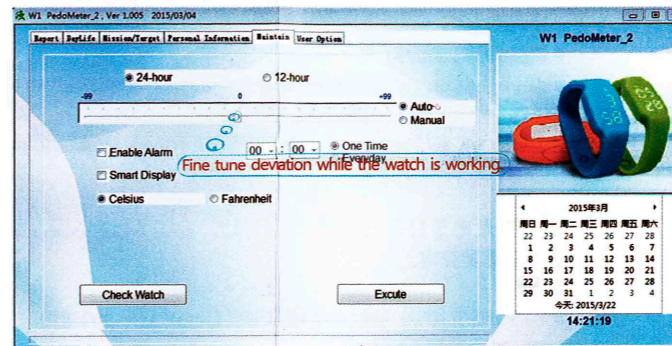


## Instructions Of AP Software

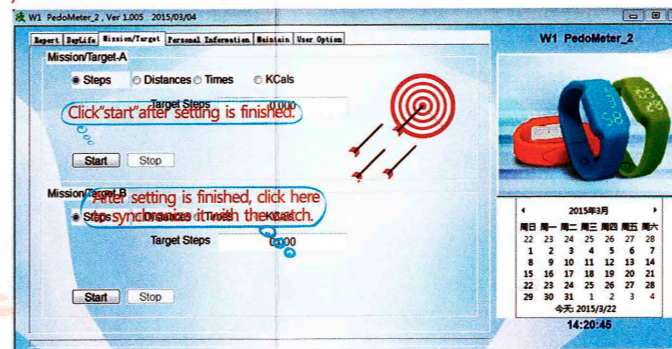
### Personal basic information setting



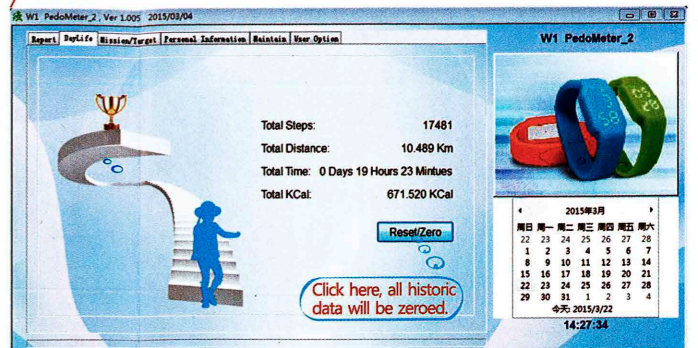
### Time setting with PC



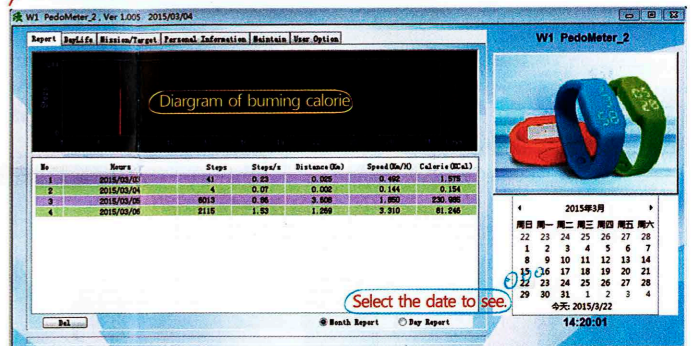
### Goal / Task setting



### Career



### Statement



### Specifications

Size	210×18×9mm (please refer to the original object)
Weight	29g(net weight)
Display	LED display
Range of temperature display	-10°C~50°C, 14°F~122°F
Type of port	USB Port
Accuracy of step count	±5%
time error	error for 24H (±99s/day, adjustable by software)
Data memory	Able to continuously store up to 120 hours of step count data
Number of steps	0 - 9999 steps
Life of battery	Time of charge and discharge>300 times
Power voltage	DC=5V
Operating atmospheric pressure	860hPa ~1060hPa
Operating temperature	0 ~ 45°C

AP download centre: [www.123smartsport.com](http://www.123smartsport.com)

Notes: AP supports multiple languages