

User Manual



Operation

Short press to turn on the display. The screen will turn off after 10 seconds without operation. Default interface is Time, short press can check other

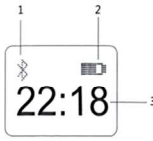
Raise arm to light up screen

Raise arm and shoulder parallelly for 1-2s, the screen lights up automatically for easy to check the information

Interfaces

Interface details

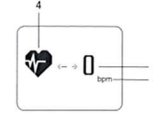
1. Bluetooth icon
2. Battery
3. Time



Normally light bluetooth icon, bluetooth is connected if the bluetooth is not connection, icon does not appear.

Heart Rate Interface

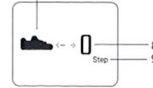
4. Dynamic heart rate icon
5. Heart rate value
6. Heart rate unit



On heart rate page, long press to turn on or turn off heart rate monitoring, the default is 0 before the pending result, if do not turn on the heart rate, shown as "--"

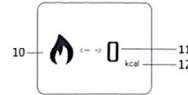
Pedometer Interface

7. Step icon
8. Steps
9. Step unit



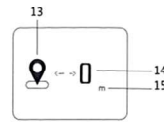
Heat page

10. Heat icon
11. Heat value
12. Heat unit



Mileage page

13. Mileage icon
14. Mileage value
15. Mileage unit



Motion page

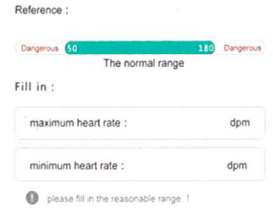
16. Dynamic running icon
17. Stopwatch



Long press to open the stopwatch, long press again to end up the timing. Short press to switch to another pages. Start the stopwatch, automatic opening movement monitoring

Heart rate warning

When open heart rate monitoring functions, you can set up minimum heart rate and the maximum heart rate according to individual body state. The above settings should be finished while connecting the bracelet, and synchronous with bracelet. After success of the setting, when the heart rate beyond warning, bracelet vibrates to remind, and displays a warning icon.



Charging

Power: 5V, 500MA-1000MA
Recharge time: 60 minutes

Connecting with charger



Charging



Full charge



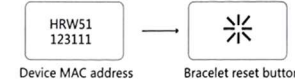
Automatic sleep monitoring



Automatically determine whether to sleep, start sleep monitoring. Open the sleep monitoring, bracelet will analysis your sleep by combining with heart rate change. Sleep monitoring are more accurate.

Device Management Interface

Long press the clock page last for 6s to enter Click to switch to the device reset page, double click, bracelet restart. Check the device ID, connect to WeChat, used in troubleshooting.



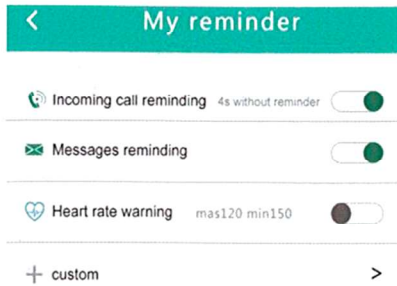
BT connection

- ★ After connected successfully, APP will save the MAC number automatically.
- ★ APP will search and connect bracelet again automatically after APP opened or running in background.



Reminder and Alarm

To set alarms and reminder, please connect bracelet with APP. Vibration reminder: Anti-lost reminder, Messages reminder (support messages from phonebook numbers only) and Call reminder. Custom Alert: set alarms to remind your daily activity schedules.



Notes

- ▲ The product contains magnetic spare parts, he who installed a pacemaker, or have implanted devices, or metal, please do not use this product.
- ▲ Any discomfort symptoms while wearing, please immediately stop using this product.
- ▲ If use substandard charging power supply, will shorten the battery life, and even damage to the battery.
- ▲ The bracelet is with sealing technique, anti-perspiration can satisfy the daily waterproof, such as hand washing, bathing, etc., but does not support the swimming and diving level.

Q & A

1. Can close the bracelet bluetooth?

Bluetooth is opened by default, if you want to close the bluetooth please shut down according to the instructions in the equipment management interface.

2. Why test the heart rate needs to wait for 8 seconds?

Testing the heart rate, need to collect signal for a long time, that can accurately calculate your heart rate.

3. why need to take more tight when measure heart rate?

Bracelet is on the principle of light reflection, through the light penetrate the skin, after gathering reflection to the sensor signal, to calculate your heart rate, if don't wear tight, there will be a ambient light into the sensor, will be affected to the accuracy of measurement.

4. Why need to open the heart rate before exercising and start to move after the appear of heart rate data?

The bracelet support dynamic heart rate test, measurement of heart rate in stationary state as a benchmark values, then do some parameters compensation with the acceleration sensor value, can makes the dynamic measurement more accurate.

5. Bracelet system reset and problem solving?

A, Heart rate measurement for a long time, can not output the heart rate, system crash. B, Pedometer date no change, acceleration sensor crash. C, long press the clock page last for 6 seconds, switch device address in turn - bluetooth switch - device restarts, long press restart bracelet will vibrate, page displays are all bright and rapid response to the clock.

6. IOS system, after the bluetooth connection, why call and sms alerts function not achieve?

Our IOS system for calls and text messages reminder adopt Apple ANCS channel, other functions are APP bluetooth channel to realize the above call and sms alerts function at the same time, will need to connect two bluetooth channel at the same time. Connecting bluetooth on the device management interface confirm the pop-up system confirmation box at the same time to finish two channel connection. In addition, if IOS bluetooth system has to connect to other bluetooth device, such as headphones, or other smart bracelet, and occupy ANCS channel need to delete the above device to return to the interface of APP equipment management to set the bluetooth connection

APP Download

Search "Keyband" in APP store or Google Play or scan below QR code to download and install

Android :

By scanning the qr code or install directly with installation package



IOS :

Does not support the installation package installed directly, certificate version of the installation package, will need pass through the third APP assistant installation



GooglePlay:



Mistep Band

Safe, convenient and stable, a smart sports bracelet APP

APP Version : 1.3

Detection update

Firmware Version : 03/13/14

Detection update