

Smart Bluetooth Wristband User Manual



APP for IOS



APP for GooglePlay

Thanks for your purchasing and using our smart wristband, you can read the manual to fully know the function of the wristband and simple method of operation.

Smart bluetooth wristband adopts bluetooth 4.0 with low-power technology, and wrist strap conforms to ergonomic design, fully accords with ergonomic wearing habit, is more comfortable.

Smart Bluetooth wristband has the following features: pedometer, calorie consumption, pedometer time, mileage, sleep monitoring (sleep quality, sleep time), smart alarm, remote-controlled camera and so on.

When you use wristband at the first time, please confirm its battery power, if it is low power, please adopt the charging cable which is a special contact for charging, 5V voltage input, USB2.0 interface, external connected laptop, PC computer, mobile phone charger and other charging equipment.

1、Applicable Models

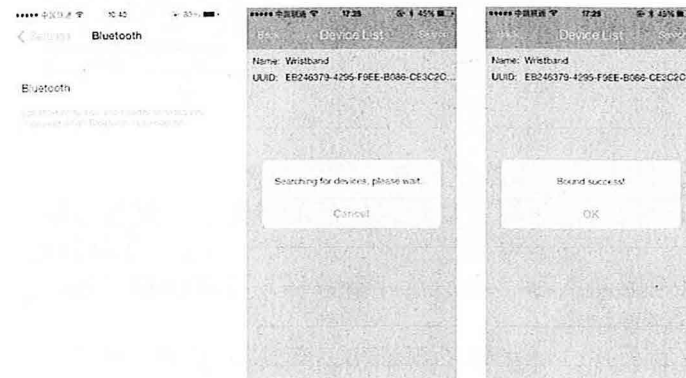
IOS 7.0 and above models, iphone 4S, iphone 5 / 5C / 5S / 6 / 6plus; Android 4.3 and above (Bluetooth 4.0) models, Samsung S3 / S4 / S5 and so on.

2、Wristband APP Download and Install

Before you use smart Bluetooth wristband, please first download and install the APP of wristband on your smartphone. If you use Apple devices, please search "RunningPlus" in your APP store and then download and install it; If you use Android devices, please search "RunningPlus" on GooglePlay and then download and install it.

3、Settings binding

Bluetooth pairing: open Bluetooth of mobile phone, and open 'RunningPlus' interface, and click "settings -> device binding", the button lights up wristband screen, APP search the wristband, and Bluetooth name "wristband", finally click and bind.



4、Wristband Settings

After the device is bound, can set your personal information, pedometer target, sleep time, alarm settings and so on. And click the sync button on the home page, you can synchronize the APP data into wristband. After the synchronization is finished, the date and time on the wristband will be in accord with mobile phone.

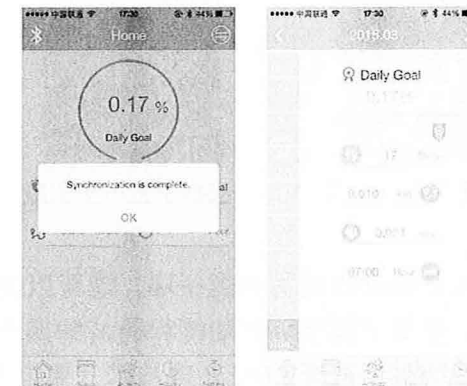


5、Pedometer, Calorie Consumption, Sleep Monitoring

Day mode, the wristband will automatically record the number of steps what you walked, burned calories, you can view directly it on the wristband. After 00:00 every day, wristband pedometer data is automatically cleared to zero, and start a new pedometer data. The wristband can save above 7 days of pedometer data. Night mode, pedometer will not calculate the steps, the wristband is in sleep mode, and monitors the end-user sleep quality.

6、Synchronous Data

Wristband connects the APP on mobile phone through Bluetooth, after sync data is finished, the pedometer data on the wristband will synchronize to APP, we can view the historical pedometer data on APP, calorie consumption and mileage.



7、Remote-controlled Camera

After the device is bound, open the remote-controlled camera, and long-distance controls the camera of mobile phone, and then wristband buttons can control the mobile phone camera.