

U watch

User Guide

U80 Bluetooth Health Smart Watch Movement Instructions

Thank you for choose this Blue Tooth smart watch U80 for sport & health. You will understand the use of the watch, and enjoy its perfect functionality and simple method of operation.

This watch is designed to pair with smart phones. It can sync phonebook with smart phone and supply many useful functions, so you can use your smart phone easily when working or relaxing. Functions as below: Bluetooth phone function, Bluetooth message push(short message, WeChat, QQ, etc, should install APK on your Android smart mobile), Bluetooth Music Player, step counter, Calories, long-distance capture, sleep monitor, anti-theft, etc.

The APK "SmileNotification" is suggested to be installed and run on your smart phone, then the watch will automatically synchronize time and date with the smart phone(Support Android versions only, Apple does not support now). And the watch can receive notifications from your smart phone, Including short message , QQ, WeChat. Use the "SmileNotification" need to turn on the Bluetooth notification service in "Accessibility settings" of the smart phone. Then in the options of "Bluetooth notification ", you should choose applications which you want to push.

"SmileNotification" application can be downloaded through this way: log on Google play first, then scan the two-dimensional code below, or download from this link:

<https://play.google.com/store/apps/details?id=com.weforpay.bnotification>



We reserve the rights to make some modifications or advance notices about the product in this manual.

1.Wearing and Operation



Please wear this Bluetooth Smart watch in the correct direction , When wearing the watch, ON/OFF key should be at right, and 3 touch keys should be at below.

- **Power key**
Long press for ON/OFF and short press for EXIT from menu to clock. And short press at clock display to light on or off the display;
- **Left touch key**
Menu/confirm key. Enter the menu from clock, or "confirm" in menu operation.
- **Middle touch key**
Dial enter/page up key. Enter dial interface from clock, or page up in menu operation, or volume up/down in music and telephone.
- **Right touch key**
Return/hang up key. No use in clock, and return in menu operation.

Otherwise, slide on the touch panel can do:

- **Slide left or right:** Menu page up/down;
- **Tap on the screen:** Enter the menu;
- **Slide downward:** Exit the menu;

2 .Bluetooth Connect, Disconnect or Reconnect

Connect way1

Watch initiate a Bluetooth connection pairing information.

Connect way2

Smart phone initiate a Bluetooth connection pairing information.

After connected, the watch will send a request to your device for reading your phonebook and call history (Involving personal privacy, some smart phones do not open this feature), please agree it, otherwise the function of synchronizing the phone book and call history will not work normally.

When the distance between the watch and the smart phone is farther than 10M(nothing obstruct such as a wall, etc), they will disconnect automatically. If near enough again in 5mins, connected automatically. Otherwise, manual reconnection is necessary.

The Bluetooth Smart watch will ring when connect or disconnect.

3 .Functions

- **Blue tooth**
Search devices, connect/disconnect.
- **Dial**
Dial number in dial interface or choose number from call history.
* Don't cover the hole of MIC or Speaker when calling.
- **Short message**
Sync short messages from smart phone.
- **Phone book**
Sync phone numbers from smart phone.
- **Call history**
Sync call history from smart phone, include "missed calls", "dialed calls", "received calls", "all calls", each 30 items.
- **BT Notification**
Browse QQ, WeChat messages.
- **BT music**
Play music on smart phone by BT.
The audio player on should be run at first for some smart phones. Tap middle touch key or logos "+" or "-" of volume will enter the volume control interface, and this interface will auto-return after no operation, manual return is no need.
- **Tools**
Calendar, alarm, calculator, stop watch.
- **Long-distance capture**

Control smart phone to take photos by Bluetooth. Smart phone should enter camera mode at first, and display is not off. Some smart phones are not support.

● **Step Counter(Pedometer)**

Step Counter is designed specifically for those concerned about the health. Throw your chest and rise your head, and arms should swing when walk, a more accurate record will be get.

The window on up-left displays step number, up-right displays distance, and the rectangle "key" for tapping is "ON/OFF". Below it is calories counter and time counter. There is "options" of step counter on the up-right corner, parameters and records can be set or checked by tapping in. The step counter runs background as the default.

The first several steps of the user will not show immediately on the windows to avoid false account. Display will start after steps are stable. But those first several steps will also be countered.

The step number displayed auto-return to "0" each day. Stop and restart the counter, step number increase. Clear to "0" by "reset" Through the Options menu selection.

● **Drink** For those who are too busy to forget drink water.

In the "Drink" interface, the circle displayed on panel shows how much water you have not drunk. When slip to left, a setting menu will appear, and you can set 8 alarm times(4 show on the current display, and other 4 will appear when slip upward) .Tip on the "cup" logo to ON/OFF the alarm. And tip on the time bar to enter time setting. You can set alarm clock here, and tip on the down-right to enter "days" setting.

● **Rest** For those who are sitting all the time for work

In the "Rest" interface, slip to left you will enter the setting menu, and you can set 4 alarm times. Tip on the "✓" logo to ON/OFF the alarm. And tip on the time bar to enter time setting. You can set alarm clock here, and tip on the down-right to enter "days" setting.

● **Sleep monitor** Record time of deep sleep and light sleep to know your quality of sleep.

● **Anti-theft** Watch will alarm when it is taken away certain distance from smart phone.

● **Power save mode**

● **Setting** Clock, tone mode, volume, language, display, check the battery level, and Bluetooth settings or restore the factory settings.

The watch can be charged by a standard USB interface plug through computer or charger.