

# SMARTWATCH – PG333



## User Manual

### Start your journey.

Make sure the watch has sufficient power for the first use. If the watch is low on power when it starts, use the magnetic USB charging cable on the enclosed charger to charge the watch. It takes about 3 hours from 0% to 100%.

### What's in the box



### Smartwatch - Charging Cable - User Manual

This manual will help you get started quickly with the setup of your watch. Setup ensures that your watch can sync your data with the PGfit app, where you can get detailed information about your stats, view historical trends, log sleep and more. As soon as the setup is complete, you're ready to start moving. The rest of the manual guides you through each feature, on your PG333 choose from available wallpapers or custom themed watch backgrounds. Show your personality with a wide variety of smartwatch backgrounds or our PGfit app. Press and hold the screen for 2 seconds, you can swipe the page left and right to change wallpapers.



### Direct access gestures

a). Swipe down: Enter the Quick Settings Centre



b). Swipe up: enter the message box.



c). Swipe left: Enter the functions.



(1). Slide your finger to the right: enter the submenu to access the weather, sleep, shutter, message, heart rate and blood pressure. Then slide your finger to the left and you will return to the main menu.



Pressing the lower right function button once to enter directly into sport mode.



2. Pair the watch with your phone

1) Download the PGfit application

Scan the QR code with your phone to download the PGfit application.



b. You can also find the QR code in settings. Slide your finger down on the watch screen > select the setting icon (⚙️).



Scroll down and choose the QR code of the application.



c. Scan the QR code or search for the PGfit app in the Apple Store or Google Play Store.



2) Pairing according to the following instructions

Turn on Bluetooth on the phone and start PGfit on the phone.



Give permissions and complete the profile settings.



Add a device > select PG333



Pair and give access to PGfit , the status of PG333 will indicate "connected".



Edit operating options



### **Configuration in the PGfit application**

Start PGfit > click on the icon to access the functions:



### **CLOCK WALLPAPERS**

Discover more backgrounds or select edit backgrounds, to add images from your album and reposition the text blocks on the screen.

### **NOTIFICATIONS**

Activate or deactivate notifications for calls, messages and other notifications from your apps.

### **ALARMS**

Set alarm reminders.

### **OTHER**

Find device, time format, reminders to move, all-day heart rate, do not disturb, language, unit format, auto lock, quick view, drink water reminder, weather, cycle reminder.

### **SHUTTER**

Use the watch to control the phone to take pictures.

### **UPGRADE**

Watch firmware upgrade via PGFIT (when new firmware is selected).

### **REMOVE (Remove the device)**

Disconnect Bluetooth on the phone.

## **Charging tips**

- It is recommended to choose a charger with an output voltage/current of 5V/1A.
- The data cable uses a magnetic connector. Keep the watch away from metal conductors during charging, otherwise there may be a risk of fire.


## **Tips for safe use**

To ensure the best performance of the device, carefully read and follow all safety information before use.

- 1) Consult professionals if you are using medical devices. Radio waves generated by this device may affect implantable or personal medical devices. Consult the manufacturer of the medical device about the conditions of use of these devices and follow their instructions.
- 2) Keep the device switched off while flying. Radio waves generated by electronic devices may interfere with the safe flight of the aircraft. Follow the airline's recommendations.
- 3) Do not expose the device to extremely high temperature environments, such as strong sunlight, or near high temperature devices such as heaters, ovens, microwave ovens or water heaters. It may cause battery explosion or other safety accidents.
- 4) Do not allow non-professionals to disassemble the device and battery. This device uses a non-removable lithium polymer battery. Improper disassembly may cause battery explosion or other safety accidents.
- 5) Use original accessories and a certified charger to charge 1-2 hours before using this product.
- 6) Keep the charging device away from other metal objects. The attraction of the magnet between the charging device and other metal objects may cause a short circuit fire or other accidents.
- 7) The values are for reference only (heart rate, blood pressure or other health-related values). This product is not a medical device and cannot be used as a clinical basis.

## **Troubleshooting**

- 1) The watch does not turn on? Charge the watch for 1-2 hours with original accessories, if it does not work, try charging the watch for 1-2 hours with a new cable set or charger.
- 2) The watch cannot connect to your phone? Make sure you download and install the correct PGfit application on your phone and give it all permissions, also make sure that the bluetooth on your mobile phone is activated.
  - Restart your phone and try again.
  - Try uninstalling and reinstalling the PGfit app, delete all connected bluetooth devices and then connect the watch again according to the steps in the manual.

- Reset the watch to factory settings, scroll down, select in settings  and confirm the factory reset.

3) Inaccurate step count and movement distance? Complete your profile in the app, including your height, age, weight and other information.

4) Watch not receiving synchronised messages from mobile phone? Make sure all permissions have been granted to PGfit during installation, open the "App Notification Reminder" in PGfit, activate the notification permissions for PGfit on your phone, or try connecting to another phone to see if the same problem occurs. If so, please let us know the model of your phone, and we will try to provide a solution as soon as possible.

5) Does the battery drain quickly? We recommend battery saving settings, first reduce the screen brightness and change the automatic clock lock, change the automatic heart rate detection and 24-hour heart rate detection, turn off unnecessary notifications and reminders in PGfit.

6) Bluetooth does not turn on in the watch? Bluetooth will turn on once pairing is complete. There is no need to turn on Bluetooth on the devices manually.

7) No vibration when new messages arrive? Make sure you have not activated the theatre mode, Make sure you have activated the vibration mode on the watch.