

## Sports smart watch

### USER MANUAL

Thank you for choosing our smart watch. You can fully understand the use and operation of the equipment by reading this manual. The company reserves the right to modify the contents of this manual without any prior notice.

Package box contains: a packing box, a manual, a watch body, and a charging cable.

#### 1. Watch function description

Two buttons model description:

- 1) When the watch is in the off-screen state, short press the rotary button to turn on the screen, and short press the rotary button again to turn off the screen;
- 4) Enter the menu style interface, short press to exit;
- 5) In the menu style interface, double-press the rotary button to switch the menu style;
- 6) When entering the second-level interface or the third-level interface, short press the button to return to the dial interface;
- 7) Long press the rotary button to control the watch on/off.

##### 1.1 Shortcut function:

- 1) Swipe to the left to find the "\*" icon, click the icon to add part of the menu as a shortcut function.
- 2) Scroll down to find Bluetooth connection status, time, power, do not disturb mode, brightness adjustment and other functions.



- 5) Long press the watch face to switch the watch face, select one and tap it to set it successfully.







##### 1.2 Push message

1) When the watch is bound to the APP, and the notification permission is turned on, the new messages received in the notification bar of the mobile phone will be pushed

- 6) Swipe left for more shortcut functions: GPS, modeselection, power saving mode, alarm, flashlight, SOS (in power saving mode, the brightness display will be slightly different)

##### 1.3 Drop-down menu

Scroll down the watch face to enter the drop-down menu interface.

- 1) Bluetooth connection status; time display, power display;
- 2) Icon , to show the version of the watch and the Bluetooth address;
- 3) Icon , to adjust the brightness of the screen;
- 4) Icon , to control the music;
- 5) Icon , to set the phone number of the emergency call. In the dial interface, long press the bar button to quickly make the emergency call.



#### 1.4 Phone/Call History

1) Enter the telephone function, click "Open" to turn on the calling Bluetooth, you can see a name of the audio/calling Bluetooth, find the the name in the mobile phone's Bluetooth list and bind it. After they are successfully connected, you can use the watch to answer or hang up the Bluetooth calls.

Call rgec,\_-ds can save the records of Bluetooth calls.



3) Enter the keyboard, input phone number to make Bluetooth calls.

Turn on the corresponding application notification switch in the APP, such as WeChat, QQ, Outlook, Facebook and other applications. When the mobile phone receives one/multiple application notifications, the watch will receive one/multiple corresponding message reminders at the same time.

#### 1.5 Message

After you successfully bind the watch to the APP, and the corresponding notifications permission is allowed in your mobile phone system, notifications received in your mobile phone can be pushed to the watch.

##### 1.5.1. Incoming call notification:

Turn on the call reminder in the APP. When the phone receives a call, the watch will ring or vibrate.

##### 1.5.2. SMS notification:

The SMS notification can be enabled in the APP. When one or more SMS messages are received on the mobile phone, the watch will receive one or more SMS reminders at the same time.

### 1.5.3. Other applications' notification:

When the watch is switched back to smart mode, the watch can connect to the APP on the phone to perform more smart operations.

### 1.6 Frequently used contacts

Bind the watch to the APP first, then open the APP, tap "Device", "Frequent contacts">"Add contacts (up to 20 contacts can be added)">"Syn to watch".

### 1.7 Fitness data

The fitness data is turned on by default. Enter the fitness data interface and scroll down to display the current number of steps, distance, and calories of the watch. The data will be cleared at 00:00 every day.

### 1.8 Smart mode selection

When the watch is switched to watch mode, the watch will disconnect the Bluetooth connection and the watch can be used independently, making it more power-efficient.

- 2) When the watch is in the dial interface, double-click the rotary button to enter the menu interface, continually double-click it to change the menu style; rotate the rotary button to switch the dial; short press the bar button to enter the multi-sport mode, or long-press to quickly make emergency calls (need to connect to the Bluetooth of a mobile phone to use);
- 3) In the menu interface, rotate the rotary button to turn the page; short press any buttons to get back to the dial interface;
- 4) In any interface, long press the rotary button for 15 seconds to force a factory reset;
- 5) When in the second-level interface or the third-level interface, short press any buttons to return to the dial interface;
- 6) Long press the rotary button to control the watch on/off

Single button model description:

- 1) When the watch is on the off-screen state, short press the rotary button to turn on the screen, and short press the rotary button again to turn off the screen;
- 2) When the watch is in the dial interface, double-click the rotary button to make emergency calls (need to connect to the Bluetooth of a mobile phone to use); rotate the rotary button to switch the dial;
- 3) In the menu interface, rotate the rotary button to turn the page;



- 3) Swipe to the right to display, time/date/week, the latest message (enter to view multiple messages)/turn on or off Bluetooth for calls and display some of the recently used menu functions.



4) Scroll up to enter the menu interface, and scroll up and down to find the corresponding function.

to the watch, and a total of 10 messages can be saved. The messages received over 10 messages will be overwritten one by one.

2) Scroll to the bottom and press the delete icon to clear all message records.

## 1.9 Sports modes (strike, running, cycling, ropeskipping, badminton, basketball, football etc.)

1.9.1 Select the corresponding exercise mode, click the start button on the screen to

enter the corresponding exercise mode; click the start button to start or pause the

calculation of the exercise, click the end button to end the exercise and save the data.



1.9.2 When the exercise time is longer than 1 minute, the exercise data can be saved; when the exercise is less than one minute, it will prompt "Too little data to save".

1.9.3 Newly added more exercise modes to choose from, such as gym, yoga, indoor running and free training.

1.9.4 Newly added the GPS movement track. When you start the sport function in the APP, the watch will enter the sport mode simultaneously. After the exercise, the data in the APP like GPS movement track will synchronize to the watch for you to check conveniently.

## 1.10 Heart rate

Wear the watch on your wrist correctly, enter the heart rate feature, and you can measure the heart rate for once each time (Please make sure you wear it firmly when you measure)



Wear the watch on your wrist correctly, enter the ECG feature (need to open the interface of "ECG Detection" in the APP), you can measure the ECG for once each time, and the single ECG measurement result can be saved in the APP simultaneously. This function needs the watch to connect to the APP to use (Please make sure you wear it firmly when you measure).

## 2.0 My QR code

Connect the watch to the APP, find My QR Code in the APP, select WeChat/QQ/Alipay and other "Receive money QR code" to sync to the watch ( Please follow the instructions in the APP for the specific operation) .

## 2.2 Remote control music

Connecting the watch to the APP,you can control the phone's music, and songs will be broadcast on the phone.

Connecting to the calling Bluetooth of your mobile phone either, you can control the phone',s, imi\_sie,and the music will be broadcast on the watch.



## 2.3 Sleep

The sleep monitoring feature works between 18:00 at dusk and 10:00 in the morning the next day. After you wake up, the sleep data on the watch can be synchronized to the APP for viewing after connecting it to the APP.



## 2.4 Stopwatch

Click "Stopwatch" to enter the timing interface, and you can record the time for once each time.



## 2.6 Find mobile phone

After the watch is bound to the app. click -Find phone" on the watch to find the coin atible hone, and the phone will vibrate or ring tones.

## 2.7 Meteorology

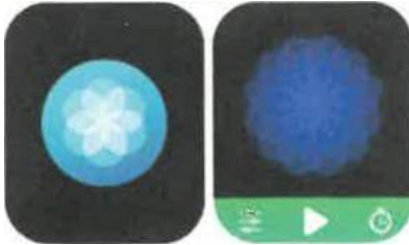
Click on "Meteorology" on the watch to display the ultraviolet (UV) and air pressure conditions of the day.

After the watch is connected to the app and the data is synchronized, click on "Weather" on the watch ,t,c)siimlay the weather information of the day.



### 2.8 Breathing

There are three modes of breathing training: slow, moderate, and fast. Users can take the breath training based on the mode they select.



### 2.9 Massager

Tap the green button to start the massage, and the watch is in a vibrating state, tap the red button to end the massage.



### 2.10 Time setting

Disconnected from the APP and set the time function on the watch separately.

### 2.11 Voice assistant

After the watch is connected to the calling/audio Bluetooth of your mobile phone, you can wake up the phone's voice assistant feature with a double-click on the watch. (for example, iOS phone is Siri, Android phone is the voice assistant).

### 2.12 Flashlight

Tap the flashlight icon, the watch screen will be fully lit to achieve the flashlight effect.

## 3.0 Female assistants

To check the status of women's menstrual period, you can view the data of the last time of menstrual period, such as the length of the menstrual period, and the number of days between menstrual periods in the app.

### 3.1 Menu style

There are a variety of menu styles to choose from.



### 3.2 Settings

- 1) You can select the watch language on the settings of the watch, or the watch language can be synchronized with your mobile phone language after the watch successfully binds to the APP.
- 2) Switch the watch face, swipe to the right to view the next watch face, select a watch face, and click it to set the watch face.
- 3) Set screen time; a variety of screen time lengths can be selected.
- 4) Vibration intensity; set reminder vibration intensity.
- 5) Password; a 4-digit password can be set (if you forget the password, please enter 8762 to decrypt the previous password).
- 6) Restore factory settings; click to enable the factory reset, and click X to cancel the factory reset.

## II. APP Binding

### 1. APP download

#### 1.1 Scan the QR code to download the APP



#### 1.2 For Android users:

Search "WearPro" in Google Play or any customized Android Stores to download, pay attention to the phone pop-up box and tap "Agree" to give the permissions to the APP when installing;

#### 1.3 For iOS users:

Search "WearPro" in APP Store to download, pay attention to the phone pop-up box and tap "Agree" to give the permissions to the APP when installing;



After WearPro is installed, the application icon is shown as.



## **2. Connect APP through mobile phone Bluetooth**

### **2.1 Search for Bluetooth name to connect/pair**

Scroll down the watch face, find the icon "About (i)" and click it, and remember the Bluetooth name of the watch; then open the APP WearPro, click on "Device" at the bottom bar, and click on "Search to bind device" to start searching. Find the Bluetooth name of your watch and pair it. If the connection is successful, the Bluetooth icon of the watch will light up green (in the middle of the icon);

### **2.2 Scan QR code to connect/pair**

Scroll down the watch face, find the icon "About (i)" and click it, you can see a QR code for connection, then open the APP WearPro, click on "Device" at the bottom bar, select "Scan to bind device", the pairing box will pop up after scanning the QR code. Click "Pair" to bind the APP to the watch. Remember to agree to the apps notification permissions on the watch;

- 1) If you can't connect to the Bluetooth, see if you can find the Bluetooth name of the watch in the mobile phone settings;
- 2) Check whether the permission of your mobile phone location(GPS) is enabled;
- 3) Whether the watch has been bound by other mobile phones;
- 4) Turn off the Bluetooth on the phone and turn it on again;
- 5) Restart the phone;
- 6) Go to the Bluetooth settings on your mobile phone, find the Bluetooth name of the watch, disconnect with the watch by forgetting the device, then go to the APP to rebind.
- 7) Too many devices connected to the mobile phone can lead to the Bluetooth connection failure of the watch. The number of devices that can connect to a mobile phone is limited, please stay no more than 3 frequently use devices connected to the Bluetooth of a mobile phone.

## **3. Connect to the audio/calling Bluetooth of the watch:**

Open the Bluetooth settings of your mobile phone, swipe to the right when the watch is on the dial interface, click the "BT call" icon, then click "Open" to see the name of the audio/calling Bluetooth. Find the Bluetooth name in the Bluetooth list of the phone and pair; after the audio/calling Bluetooth is connected, the Bluetooth icon of the watch is displayed as (the outer periphery ) lights up in blue; Tip: Based on this connection, make sure to tap on various APP notification synchronization permissions in WearPro settings, to realize synchronously viewing of various messages from mobile phone on the watch; to realize all connection functions(like making a phone call through watch), make sure that the watch is connected to both the APP and the audio Bluetooth of the phone.

## **4. Unbind Bluetooth connection from the APP**

### **4.1 Android system unbind Bluetooth from the APP**

In the "Device" column of WearPro, scroll down to the "Unbind" and click to unbind the App;

### **4.2 IOS system unbind Bluetooth from the APP**

In the "Device" column of WearPro, scroll down to "Unbind" and click to unbind the App; then go to the Bluetooth settings of the phone, select the Bluetooth name of the smart watch, and click "Forget this device".

## **5. Unbind audio Bluetooth connection**



To disable the audio Bluetooth connection, find the name of the audio Bluetooth in the Bluetooth settings of the mobile phone, and click "Ignore this device" to unbind all Bluetooth connections with the watch.

#### 6. Find the device

The watch is successfully bound to the app. Click to find the watch on the APP, and the watch will vibrate once when the screen is on.

#### 7. Take a photo

Tap "Take a photo" in the column of "Device" in the app to enable the camera

remote control feature on the watch. Tap the camera icon on the watch to control the phone to take a photo, and photos you take will save in the album of the mobile phone.

#### 8. Data synchronization

The watch is successfully bound to the APP, and the data from the watch can be synchronized to the app.

#### 9. Tilt your hand to wake the screen

Wear the watch correctly on your wrist (left/right hand). When you turn on "Tilt to wake" feature on the APP, the watch will light up automatically when you tilt your hand to look at the watch.

#### 10. Do not disturb mode

In the APP, tap "Device">"More">"Do not disturb mode", set the start to end time, such as 12:00 to 14:00, then you won't receive phone calls and apps notifications on the watch during this period.

#### 11. Daily alarm clock 2.3 Connection Precautions

In the APP, tap "Device">"More">"Alarm setting">"+", set the alarm time, and the days weekly it will repeat.

#### 12. Sedentary reminder

Set the time period, reminder frequency, and repeat mode to decide how you would like to have sedentary reminders.

#### 13. Drink water reminder

Set the time period, reminder frequency, and repeat mode to decide how you would like to have the drink water reminders.

#### 14. Watch face push

##### 14.1 Push an existing watch face

Bind the watch and the app, open the app, tap Device> Watch face push, the watch will restart and bind the APP automatically after the synchronization of the watch face.

##### 14.2. Customize the watch face

Bind the watch and the app, open the app, tap Device> Watch face push, the first

several watch faces marked with "custom watch faces" are customizable. The watch will restart and bind the APP automatically after the synchronization of the watch face.

#### 15. Firmware version

The version of the watch is displayed on "Firmware upgrade" in the column of "Device", and users can decide to whether upgrade the firmware version.

#### 16. QR code of Alipay payment

The watch has the feature of Alipay, which requires the phone to scan the code to verify binding. Follow the steps below:

Click the Alipay icon on the main interface(scroll down screen) of the watch, and complete the binding with your personal Alipay account.

- Use and maintenance advice

1. Keep the device clean;
2. Keep the device dry;
3. Wear the watch correctly, do not wear the device too tightly;
4. Avoid prolonged exposure to extreme temperatures that are too cold or too hot, which may cause permanent damage to the device. Frequently asked questions and answers

**\*Why can't I wear the watch to take a hot bath?**

The temperature of the bathwater is relatively high, which will produce a lot of water vapor, and the molecular radius of water vapor is small, so it is easy to penetrate through the gap of the watch case. When the temperature is cooling down, water vapor will turn back to the water, causing the short-circuit of the watch possibly.

**\*Unable to turn on and charge**

If the watch does not turn on when you receive it, it may be that a collision during the transportation leads to the protection of the battery board. Charge the watch to activate it.

If the watch battery is too low, or can not turn on for being not used for a long time, please charge it for more than half an hour to activate it.

**Warranty description:**

If there are any quality problems caused by manufacturing, materials, design, etc. in normal use, contact with:  
service@conosurexclusivas.com