

Product Brief

With the continuous development of social economy, the pace of life of modern people is accelerating, and the pressure of life is increasing. At the same time, with the increasing aging of the population, health care, longevity has become a hot topic in today's society.

Problem: "A man's feet" are like a tree's roots. When a tree is withered, its roots are exhausted, and when a man is old, his feet are his second heart.

Keep fit first! Therefore, it is particularly important for foot health care.

This product adopts the technical principle of heat treatment, low frequency electric pulse, etc., and uses the microcomputer chip control technology to design.

The physiological position of the foot bottom is massaged and reflected to the whole body by low frequency electric pulse. Combined with low frequency.

Pulse, magnetic effect and multi part massage can promote local self fluid circulation, so as to relieve pain and fatigue.

Functional characteristics

Hot moxibustion:

Adopt high, medium and low temperature intelligent control.

Low frequency electric pulse:

Simulate a variety of massage techniques, promote local self fluid circulation, relax local muscles, relieve body fatigue.

Magnetic effect:

Multiple magnets are built in.

Multi part massage *

Equipped with a massage electrode two in one multi-functional health care, more widely used, more convenient, more efficient.

The whole machine is foldable and easy to carry and save. The controller orders are massaged by all parts of the body.

Product scope of application

Promote local blood circulation, relax local muscles and relieve body fatigue.

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Operation method

Preparation before use

1. Use a wet towel to clean the foot skin and the conductive piece of the foot massager, place the foot on the conductive piece of the main machine, and properly adjust the foot position, make the sole skin fully contact with the conductive sheet, and fully relax, start to operate the controller.

WARM TIP: if it is used in winter, it is recommended to use flannel to keep warm above the feet.

Note: if the skin does not contact the electrode, it will not react if the strength is increased.

CONTROLLER OPERATING INSTRUCTIONS

Function description of controller key

1. Switch: turn on and off;
2. Settings: function selection
3. +: enhanced functions
4. -: weakening of various functions

2. Press and hold the power on button for a long time, the control interface screen will light up and start to use.

If you need to shut down, you can press and hold key ① again to shut down

3. Timing: press the setting key to switch the indicator light to timing, then press the plus and minus keys to adjust the timing time

4. Mode: press the setting key to switch the indicator light to the mode, and then press the plus and minus keys to select the mode. Mode 1: automatic circulation mode, circular scraping massage, kneading, hammering and other modes 2-10 are fixed modes.

5. Strength: press the setting key to switch the indicator light to heating, then press the ten one key to adjust the massage strength. The massage strength is divided into 50 levels and displayed on the screen.

6. Heating: press the setting key to switch the indicator light to heating, and then press the ten one key to adjust the heat degree. There are three levels of 1.2.3 corresponding to low, medium and high

IT CAN ONLY BE USED WHEN THE ADAPTER IS PLUGGED IN

The controller has a built-in battery, which can be charged with an adapter when the power is off

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Safety precautions

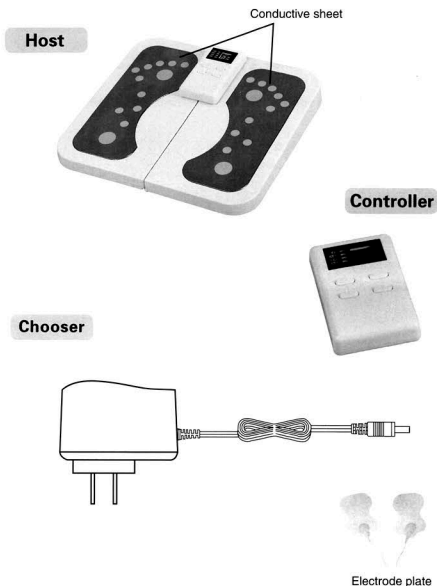
■ The warning signs and legends indicated in the manual are intended to enable you to use the product safely and correctly, prevent injury to you with other people.

⚠ DANGER	
Do not use it at the same time with other medical electronic instruments, such as pacemaker, artificial heart, etc. Use electronic devices, electrocardiographs and other medical electronic devices, otherwise it will lead to danger. If the user uses high-frequency surgical equipment and massage instrument at the same time, burning may be caused at the position of conductive piece. Injury may also damage the product; if the product is used near the short wave or microwave treatment equipment (1 meter), etc. The output of this product may be unstable. Using electrodes close to the chest increases the risk of heart fibrillation.	⊘
⚠ WARNING	
Pregnant women with menstrual period, sensitive skin, heart disease, abnormal blood pressure, malignant tumors, cerebrovascular patients. Patients with acute disease or other patients who are being treated by a doctor must consult a doctor before using this product.	⚠
1. Do not use near the heart, head, mouth or genitals, skin diseases and other parts. 2. It is forbidden to use in patients with skin perception disorder or those who are not sensitive to heat. 3. It is not allowed to use this product in places with high heat, flammability, electromagnetic radiation and humidity. 4. Do not use when bathing, sweating or sleeping.	⊘
Please do not dismantle, repair or modify the massage instrument without permission, which may cause failure or electric shock.	⚡
⚠ BE CAREFUL	
1. Do not move the product during use, change the massage part, turn off the machine before use. Otherwise, there will be strong stimulation.	
2. Do not use it for children or people who have no ability to express consciousness.	
3. If you feel unwell due to the use of this product, please stop using it immediately and consult your doctor.	⚠
4. Please unplug the power plug when using or not using the product.	

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Main product structure

This product is mainly composed of host, controller and power adapter. Its schematic diagram is as follows:

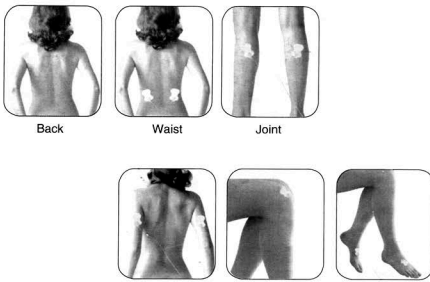


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Instructions for low frequency massage electrode

1. Insert one end of the two core connecting wire into the electrode interface of the host (marked with "Figure"), and connect the other end with the electrode piece.
2. Tear up the protective film on the electrode piece, then stick the electrode piece to the pain (Ashi point), and then operate according to the "controller use method".
3. After using low frequency massage, please store the electrodes in a dry and ventilated place for next use.

Diagram of application site of Ashi point



4. The surface of the electrode should be kept clean to avoid dust, oily matter, sticky matter and other dirt, otherwise the viscosity will drop. When the surface of conductive adhesive electrode is dirty, it can be rinsed with water and reused after being dried.

5. Generally, the electrode piece can be used 80 times or so (30 minutes for each time). When the electrode piece is cleaned for many times, its stickiness cannot be recovered.

Please consider purchasing new electrodes from dealers or manufacturers.

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1. Product specifications

Product Name: intelligent foot massager
Model: sy-020
Power supply: 100-240Vac, frequency 50 / 60Hz 0.5A converted to DC12V
Equipment safety category: Class II
Box size: 380x350x100mm
Weight: about 1600g

2. Normal working conditions:

Ambient temperature: + 5 °C ~ + 40 °C
Relative humidity: ≤ 80%
Atmospheric pressure: 86kPa ~ 106kPa

3. Electrical performance

Pulse frequency: 1hz-1200hz.
Pulse width: 20 μs - 400 μs
Rated load impedance: 500 Ω, tolerance ± 10%
Surface magnetic field strength: not less than 0.01T
Timing time of massage instrument: 15-30 minutes adjustable, tolerance ± 10%.
Hot moxibustion temperature: 38 °C ~ 48 °C. (at 23 °C ± 2 °C)
Mean time between failures: ≥ 1000 hours.

4. Transportation and storage conditions

Ambient temperature range - 20 °C ~ + 55 °C;
Relative temperature range ≤ 93%;
The atmospheric pressure range is 50kPa ~ 106kPa.
Executive standard: gb4706.1-2005 gb4706.10-2008

Cleaning, maintenance and safekeeping

1. Cleaning and maintenance

1) When the host machine is dirty, it can be wiped with dry soft cloth or dry towel.
2) After each use, please clean the conductive piece, which can be wiped with soft cloth or towel after being dried with a little water. When it is especially dirty, it can be wiped or disinfected with a little medical alcohol (alcohol concentration is 75%) on a soft cloth.

2. custody

- 1) Please keep out of the reach of children.
- 2) Do not store in direct sunlight, high temperature and humidity.
- 3) Please keep it in a dry and ventilated place.
- 4) Do not disassemble, repair or modify the product without permission, which may cause accidents or faults.

Note: in order to avoid environmental pollution, this product should not be discarded at will. Please dispose of it according to local environmental protection requirements.

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