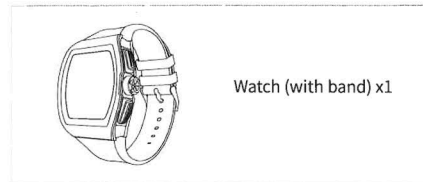


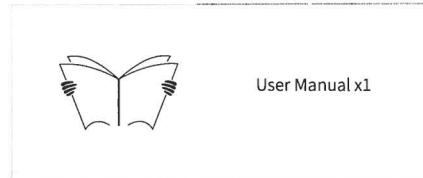
Smart Watch Manual



Watch (with band) x1



Charging cable x1

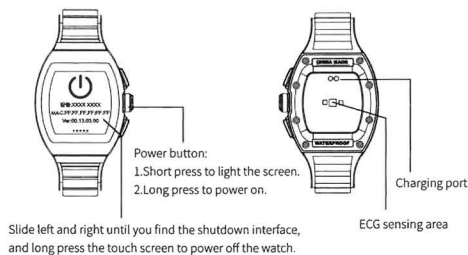


User Manual x1

Please read this manual carefully before use.

02 . About the watch

Note: If long pressing the power button doesn't power on the watch, please try again after the watch is fully charged.



03 . Installing the app

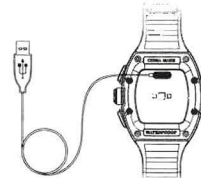
1. Long press the power button to turn on the watch.
2. Scan the QR code below with your mobile phone to download and install the app.



- Note:1. For better user experience, please follow the instructions and update the app to its latest version in time.
2. The operating system should be at least Android 4.4 or iOS 8.0.

05 . Charging the watch

This product uses the magnetic charging technology for charging, so please use the given adapter for charging. Align and fit the charging port with the metal on the charger until the charging indicator appears on the watch's screen.





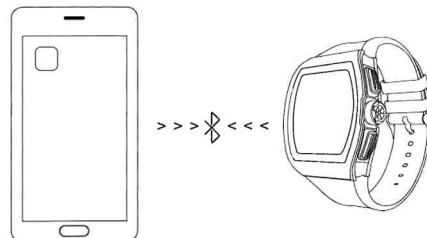
- Note:1. Please use the charger provided in the package for charging and wipe the charging port dry beforehand.
2. To charge, connect the USB port to the phone charger or a >1A computer USB port.

06 . Cautions

1. Please don't use adapters with a charging power >5V and a charging current >2A. Please limit the charging time to 90 minutes.
2. Please don't charge the watch if there are water stains.
3. The product is specifically designed for electronic monitoring scenarios; use the data as a reference only, and not as a medical reference.

04 . Link to mobile phone

1. Open the app on your mobile phone to register or login.
2. On the interface of data panel in the app, click "Connect to Device" and scroll down to find the device model and connect. Then, please pair your watch and mobile phone according to the instructions prompted on the screen.
3. When the connection and pairing is successful, the watch will show the correct time; in "My Device", the device model, i.e., M1, will be displayed. A successful connection symbol  will be shown at the top right corner of the watch's screen. If the symbol is a  instead, it means that the connection is unsuccessful. In this case, please link again. Relevant functions can be configured according to your needs.



Note: Please don't use Bluetooth in the phone settings directly for pairing.

4. Blood pressure testing method: Please relax your body and stay still throughout the test. Please make sure that the watch is on the same height as your heart and refrain from talking during the measurement.
5. The photoelectric sensor is a highly sensitive component, so please be careful in case it is broken due to impacts with hard objects. After wearing the watch for a prolonged period of time, sweat stains and dust may stick on the surface; please clean it regularly using a soft cloth.
6. If the watch is worn while showering, swimming or sweat-inducing exercises, please clean the device in time and wipe it dry.
7. Please avoid wearing the device in sauna rooms or steam rooms to prevent the water-resistance from being compromised. Please refrain from using it in scenarios with high-speed water flows, such as diving and water skiing.

07 . Basic specifications

Product model: M1
Main control chip: NODIC52832
Working temperature: -5-45°C
Wireless connection: Bluetooth 4.0
Input: 5V 500mA MAX
Battery capacity: 200mAh
Waterproof level: IP68
System requirement: Android 4.4 or IOS 8.0 or above, supports Bluetooth 4.0