Color Screen Bracelet User Manual
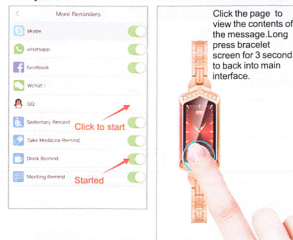
B78-v1.0

1. Usage and requirements

A : Long press bracelet's touch screen to power on.

B : Touch screen to switch bracelet's interfaces.

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Time interface : Show the current time, date, week and status of blue–tooth connection.	Show the current steps. Show the current calories. Show the current sport distance.
Brightness : Long press to brightness level setting mode, short press to set up different level and long press again to exit.	**Theme :** Long press to timing home page selection mode, short press to switchover and long press again to exit.
Blood pressure measurement interface: Stay in this interface for 1 cecond and green light on the back of bracelet will light, about 10 seconds later, bracelet's shocking remind measurement to end.	**Finding interface:** When bracelet is connected with mobile phone, long press touch key for 3 seconds, mobile phone will ring.
Power off page: Long press for 3 seconds,then it will show"Yes",and then click it for 3 seconds more,it for 3 seconds more,it will show "Byebye" to power off,long press to power on.	**Heart rate:** Stay in this interface for 1 secoud,it will measure heart rate and light on the back of bracelet will light, measurement will stop about 10 second later.
stopwatch interface: Press screen 3 seconds and wake up stopwatch function.Turn on device with short press,and pause with short press again, exit with long press.	

Precautions :

※ Can wear this fitness tracker to wash hands, face,short time swimming in shallow water, can't touch hot water and for deep diving.

※ Don't throw and collide which would easy to crash r damage the device.

※ Don't disassemble the device by yourself which would cause it doesn't work.

※ Don't throw it in fire, easy to explode!

※ Please use it in -5℃ to 45℃.

※ Use soft cotton flannel or glasses cloth to clean the screen, don't use soap shower gel or other detergents to clean.

※ This product can't use as disease diagnosis, treatment and prevention. Just for reference only.

※ Don't let kids or pets to touch this device in case of damage.

1.1 Time Page

Switch time interface, As following pictures:

Long press touch screen for 3 second to switch
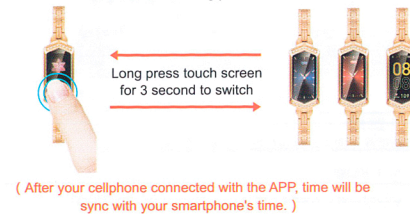
(After your cellphone connected with the APP, time will be sync with your smartphone's time.)

1.2 APP download/Connect the bracelet

Compatible for mobile phones : Android system 4.4 version or iOS system 9.0 version or above ;

Compatible for blue-tooth version : Bluetooth 4.0 version above.

Use mobile phone scan QR code on users' manual or search "Hero band Ⅱ" APP by APP store or Google Play to download and install it .

*It is suggested to use mobile browser to scan the two-dimensionalcode to download APP, and can not be downloaded directly by WeChat scan.


iOS | Android

2.Bracelet connection

Before using bracelet ,users need register APP on mobile phone firstly .Chinese users support using mobile phone numbers to register ,foreign and Hong Kong, Macao and Taiwan regions support using e-mail to log in.

Open APP, enter into "Mine" and click "connect a bracelet" to search a bracelet named"Hero band Ⅱ ", keep mobile phone 's blue-tooth on when they are connected .

Note: When the phone is connected to the bracelet, it needs to keep the bluetooth of the phone open, and there is no other matching device in the bluetooth of the phone. Don't connect your android phone directly to your mobile phone in bluetooth.

In the APP 【Mine】page to connect:

Click to link
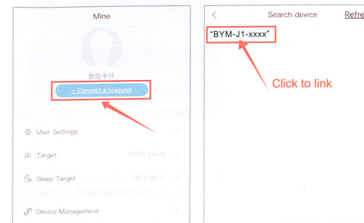
* After use this smart bracelet for a period of time, if the bracelet can't connect with the APP in a sudden, please in you cellphone bluetooth to delete all the match devices, and then go to the APP to link with the device.

2.1 Notification settings

When finished connection, users enter into 【Mine】by APP, click 【Device Management】, and Android mobile phones to enter into this function firstly, APP will give a tips for allowing it could read mobile phone's notification permission, click confirm, then on 【Notification access】users need turn "Hero band Ⅱ" on; When iOS mobile phone connected with bracelets, it will give a tip for gairing, please allow it, otherwise bracelet will not receive notification. **As below:**
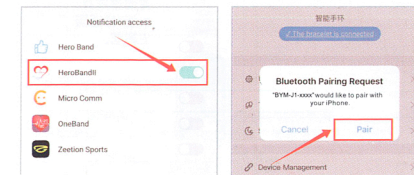
2.2 Lift wrist to light up screen

Enter into 【Device Management】turn on"Lift the wrist brighten screen" or "Turn the wrist brighten screen":

Lift the wrist brighten screen: Let bracelet watching position, keep bracelet surface in 30-85 angle to brighten screen.

2.3 Message Reminder

Bracelets support message notification showingon screen of Skype/ Whatsapp/Facebook/We-chat/QQ/SMS and so on.Long press bracelet screen for 3 second to back into main interface when bracelets received messages.

As pictures:

Click to start | Started

Click the page to view the contents of the message.Long press bracelet screen for 3 second to back into main interface.

2.4 Reminder settings

Turn sedentary / Take medicine / Drink / Meetings remind on and Set their working time as user's need.

As following pictrures:
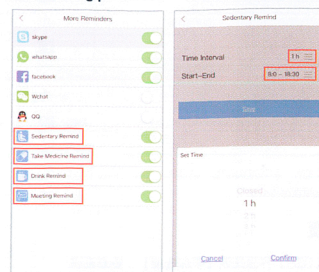
2.5 Firmware upgrade

When mobile phone was connected with bracelet, click "Firmware upgrade": If it upgrade failed, users need charge the bracelet and try it again.
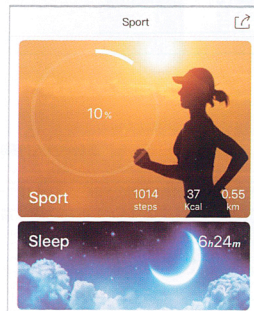
3.1 APP Sport / Health / Care

Sport / Health / Care three parts:

Sport | Health | Care | Mine

3.2 Sport

On this function,there two data of sport/sleep.

As picture:

3.2.1 Sport (Steps / Distance / Calories)

Sport / Sleep: Record the sport data and sleep time and sleep history. Click picture to enter into more detail data interface. Click calendar icon to check history data.

As following pictures:

3.3 Health

On this inteface there are two healthy data of heart rate,blood pressure.

3.3.1 HR-Heart rate monitor

Normal heart rate value is 60-100 times/min,there will be a little difference between people with different age,gender and other factors.
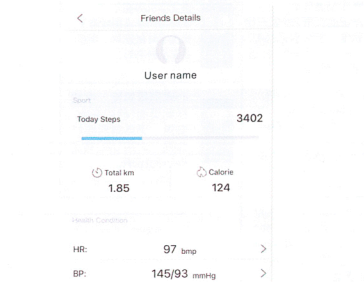
3.3.2 BD-Blood pressure monitor

Normal blood pressure value:Systolic blood pressure 90-139mmHg, diastolic blood pressure 60-89mmHg.

3.4 Care/Remote view

Search friends and add them to check or share the sport data with them.

Click and check friend's sport healthy data:

4.Adjust to appropriate chain length

Put the chain on disassembly device, use the needle to against chain joint pinhole and then twist device knob, then remove the needle out off chain joint. Adjust to appropriate chain length and then combine the two broken end together, put the needle inserted in original direction.